S CONTRA CO

Crespi Middle School

Community School Health Services

Who We Are

Our Mission is to develop a coordinated system of support services for all students in order to foster well-being and academic achievement.

The Crespi Middle School Wellness Center was established during the 2016/17 school year in collaboration with the YMCA of the East Bay as a part of the West Contra Costa Unified School District's Full Service Community School initiative. The Wellness Center provides students with the support needed to face the challenges in their lives while working closely with faculty, administration, parents, and community to build a strong and positive school culture and support success for all students.



Crespi Middle Community School Garden

Services Provided

Counseling & Crisis Support: Individual and group counseling and crisis assessment are provided by the Y-Team (YMCA) and Center for Restorative Solutions (C4RS).

Identity Groups: Young Men's Group and Sister Circle are identity groups facilitated by the RYSE Center.

Medical Services: Coming Soon!

Health Education: Coming Soon!



"My favorite thing about the garden is watering, cleaning, and watching it grow."

- Crespi Middle School 8th Grader

Service Data

Coming in 2017/18!



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Student Impact

The RYSE Center facilitates the Young Men's and Sister Circles at Crespi Middle School. These groups cultivate a positive sense of agency, empower youth to be leaders in their communities, and promote an increase in academic performance through fun and engaging activities.





2016/17 Young Men's Circle Participants

Special Acknowledgement for our Partners

Community Partners

Bay Area Community Resources
California School-Based Health Alliance
Center for Restorative Solutions
Community Health for Asian Americans
Contra Costa Health Services
RYSE Center
UC Berkeley, Pre-College TRIO Program
YMCA of the East Bay (The Y-Team)





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